



Senior Olympics 2011 Local Game Calendar



JANUARY



22-23 – KOB Health Fair - Albuquerque

Review with Local Board role and responsibilities of members
Establish Local Qualifying Game Schedule
Renew Local Game liability insurance
Develop emergency medical plan for locals
Plan to attend KOB Health Fair in Albuquerque
Plan Sport Practice

FEBRUARY



14 - Senior Day at the Legislature
16 - Senior TREK to Healthy Fitness, Las Cruces
18 - Senior Day at the Legislature
17 - NMSO Board of Directors meeting – Santa Fe

Share Senior Olympic Rule changes
Watch for Dance Music from NMSO
Promote local games in your community –
Senior Profiles, record holders, age divisions, registration deadlines
Register for All Indian Game Day
Invite Local Dignitaries to attend Game Event
Need sport equipment – call NMSO to borrow
Schedule Sport Demonstration in your area
American Heart Month – Schedule a Walk to Support
Conduct a Local Board Meeting

MARCH



7 – All Indian Game Day registrations and payment due to NMSO office
23-24 All Indian Game Day at Isleta Recreation Center

Watch for Game Posters, Game schedule from NMSO office
Need sport equipment – call NMSO for request to borrow
Promote Local Games details – Flyers, announcements, registration
Inquire about EnhanceFitness – group exercise
Plan to attend TREK in Taos in April
Invite local media to attend games
National Nutrition Month - www.eatright.org/nm - Promote with your Seniors
Save Your Vision Month – www.aoa.org/x5072.xml - Schedule a speaker for your area

APRIL



1 – Online registration open for Summer Games
7 – World Health Day - www.who.int/world-health-day - Plan a local event
12 - Senior TREK to Healthy Fitness, Taos, Sagebrush
15 – Team Tournament Brochures to Volleyball, Softball and Basketball Team Captains.
28 - NMSO Board of Directors meeting – Roswell

Conduct Local Qualifying Games
Provide local media Game results with winners
Collect Games results for NMSO
Plan to attend TREK in Santa Fe in May
Plan to send one nomination for Golden Athletes to NMSO, Male and Female
Identify a nominee for Courage Award recipient and send to NMSO

MAY



15 - Nominations for Golden Athletes due to NMSO
15 – Nominations for Courage Award Athlete due to NMSO
15 – Local Game Results due to NMSO
25 - Senior TREK to Healthy Fitness, Santa Fe, Chavez Center – “Play Day”
25 – National Senior Health and Fitness Day – Schedule an activity
27 - Local Qualifying Games Results due to NMSO office

Distribute State Registrations to qualifiers
Process state registrations on spreadsheets
Conduct Local Board meeting
RSVP with NMSO to attend Site Visit in June
National Physical Fitness & Sports Medicine Month – www.fitness.gov

Submit Athlete Game Scholarship application(s) to NMSO

NOTES:

JUNE



- 1 – “Early Bird” Summer Games Registration deadline - \$45.00 registration fee
 - 15 – Regular Summer Games Registrations due to NMSO - \$60.00 registration fee
 - 15 – Submit mini bio for “Spirit Athlete” selection in your area to NMSO
 - 15 – Site Visit at NMSU Campus – RSVP by June 9th
 - 16-30 – National Senior Games, Houston, TX – GOOD LUCK ATHLETES
 - 20 – New Mexico State Reception at Nationals in Houston, TX
 - 16 - NMSO Board of Directors meeting – Las Cruces
 - 30 – Late Summer Games Registrations due to NMSO - \$75.00
- NO Registrations will be accepted after June 30th

Attend Site Visit at NM State University – Las Cruces
 Submit Eternal Flame names to NMSO
 Conduct local meetings with athletes traveling to Summer Games
 Think Health & Safety this Month

JULY



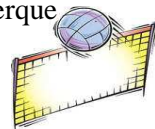
- 1 – Return loaned equipment to NMSO
- 7 - State Sport Coordinator Training Meeting – Las Cruces
- 14 – NMSO moves to Game Headquarters at NMSU, Las Cruces
- 15 – File Refund Requests with NMSO
- 15 – Submit ALL Changes to NMSO
- 20 - State Sport Coordinator Training Meeting
- 22 – Volleyball Team Tournament registration due to NMSO office
- 28 – Attend SUMMER GAMES – July 27 – 30

Profile Local Athletes with media to attend Summer Games

AUGUST

- 12 – Softball Team Tournament registrations due to NMSO
- 19-21 – Volleyball Team Tournament, Rio Rancho
- 24 – Attend Sports & Fitness Fair at Conference on Aging, Hard Rock in Albuquerque

Consider nominating individuals for NMSO Board
 Provide results to media – post games
 31 – Summer Games Evaluations due to NMSO office



SEPTEMBER

- 9-11 – Attend Softball Team Tournament, Rio Rancho
- 28 - National Women’s Health and Fitness Day - www.fitnessday.com/
 Family Health & Fitness Day USA - www.fitnessday.com/

Profile local game successes for newsletter articles to NMSO



OCTOBER

- 7 – Basketball Team Tournament registration forms due to NMSO
- 20 - NMSO Annual Board of Directors meeting
- 23 – Make A Difference Day - www.usaweekend.com/diffday/index.html
 National Breast Cancer Awareness Month - www.nbcam.org/
Share ideas for NMSO newsletter articles



NOVEMBER

- 4-6 – Basketball Team Tournament, Santa Fe
- Watch for TREK to Healthy Fitness schedule announcement
- American Diabetes Month - www.diabetes.org/
- Attend a community event to promote Health and Wellness
- Schedule a Sport Demonstration in your area
Submit newsletter articles to NMSO



DECEMBER

- 8 - NMSO Board of Directors meeting/Courage Award Luncheon – Albuquerque
- Watch for SENIOR FLAME newsletter



NOTES: