

Senior Olympics Volleyball Team Rules

Playing Format

1. All matches will be conducted in accordance with the USA Volleyball rules and National Senior Games Association except as modified herein. For a copy of these rules, please write or call:

USA Volleyball 715 South Circle Dr. Colorado Springs, CO 80910 (719) 228-6800 www.usavolleyball.org	National Senior Games Association P. O. Box 82059 Baton Rouge, LA 70884-2059 (225) 766-6800 www.nsga.com
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- a) Team Players/Coach eligible for team rosters for Nationals - All team player(s)/coach must be registered and have checked in at a qualifying team sport in order to be eligible for addition to a National roster. Documentation of player/coach registration must be provided by the State Coordinator to Nationals.
2. Athletes may compete with only one team per sport; i.e. a man may play with a 55+ men's team and may also play with a 60+ co-ed team, assuming that he is 63 and the youngest player on the men's team is 56 and he is the youngest player on the co-ed team.
3. Team roster shall be limited to 15 persons, including non-playing coaches, non-playing captains and non-playing bench personnel, with a maximum of four out-of-state residents, except as otherwise permitted. Teams in the 70+, 75+ and 80+ age divisions may have five out-of-state residents.
4. Age divisions for all team competition will be determined by the age of the youngest team member as of December 31 of the competition year.
5. Tournament format will determined by New Mexico Senior Olympics before beginning of tournament.
6. Any game missed/forfeited during bracket play will be considered a loss.
7. If a player is listed on the final roster, the player must participate in pool play to participate in bracket play.
8. For court dimensions and net height, go to www.usavolleyball.org and click on rules.
9. House Rules will be very specific and will be given to team captains in the captain's packet. House rules may vary from tournament to tournament but some basic rules for each tournament are listed below:
 - a) There will a mandatory Captain's meeting before the tournament begins. If a captain is unable to attend, he/she should send a representative.
 - b) All athletes must check in and sign in with Photo ID prior to participating.
No Exceptions.
 - c) Credentials must be worn during all play throughout the tournament. Players not wearing credentials will not be allowed to participate.
 - d) Players must participate in pool play to participate in bracket play.
 - e) Line-up cards must be presented to scorekeeper 10 minutes prior to each game. NMSO will provide line-up cards to all team Captains.
 - f) All Team Tournaments will adhere to the New Mexico Senior Olympics, Inc. rulebook. This will include but is not limited to Code of Conduct, Protest, Appeal Process and scheduling procedures.
 - g) All game inquiries must be addressed by the Captain and presented to the Sport Coordinator prior to start of games.

Volleyball Playing Rules

1. A team must have at least five players present to start a game; otherwise, the game is forfeited. Teams will be allowed a five-minute grace period to assemble a minimum of five players. The sixth player may enter upon arrival. In the event of injury, a team may continue/finish with a minimum of four players on the floor.
2. Teams competing with only five players shall always have three players on the front row. No service rotation penalty shall be assessed for not having six players.
3. Team clothing should be of like design and color. Teams must have shirts numbered both front and back.
4. To win the match, a team must win two out of three games.
5. In pool play, USA Volleyball rules governing tie-breakers will be used.
6. Rally Scoring will be utilized.

Co-ed Rules: Regular Co-ed Play will be utilized.

1. Of the six players on the team, three must be men and three must be women. If a game must be started with five players, three of them must be women. The net height will be 2.43 meters or 7 feet 11 inches for 50+ age group or 2.38 meters or 7 feet, 9 inches for all other age groups.
2. If a Co-ed team has only 5 players and 3 players are men, teams will be allowed to start a game and play with 2 men and 2 women on a team.
3. To win the match, a team must win two out of three games or three out of five games. The number of games will be at the discretion of the Sport Coordinator.